

Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

8 oz Philadelphia cream cheese
¼ cup half and half
¼ cup Sweetie
¼ tsp vanilla extract

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, half and half, Sweetie, and vanilla extract.
2. Microwave for 1 minute.
3. Blend with a hand blender until smooth and creamy.
4. Serve immediately or refrigerate until ready to use.

Chocolate Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 cup coconut oil
2 Tbsp heavy whipping cream
2 Tbsp cocoa powder
¼ cup powdered Sweetie
¼ cup peanut butter

DIRECTIONS:

1. Add the coconut oil, heavy whipping cream, cocoa powder, powdered sweetie, and peanut butter to a bowl.
2. Blend with a hand blender until smooth and creamy.
3. Serve immediately or refrigerate until ready to use.

Key Lime Cream Cheese Frosting

**SERVINGS:** *x***COOK TIME:** *x***CALORIES:** *x***NET CARBS:** *x***INGREDIENTS:**

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp lime juice

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and lime juice.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Orange Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp orange juice

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and orange juice.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Mixed Berry Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp mixed berries

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and mixed berries.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Lemon Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp lemon juice

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and lemon juice.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Strawberry Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp strawberries, mashed

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and strawberries.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Raspberry Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp raspberries, mashed

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and raspberries.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.

Peanut Butter Cream Cheese Frosting



SERVINGS: *x*

COOK TIME: *x*

CALORIES: *x*

NET CARBS: *x*

INGREDIENTS:

1 block Philadelphia cream cheese
¼ cup Sweetie
¼ cup heavy whipping cream
¼ tsp vanilla extract
3 Tbsp peanut butter

DIRECTIONS:

1. In a microwave-safe bowl, combine the cream cheese, Sweetie, heavy whipping cream, vanilla extract, and peanut butter.
2. Microwave for 1 minute, then blend until smooth and creamy.
3. Serve immediately or chill before serving.